Appendix I

# Inuvialuit Research, Planning, Monitoring and Implementation

Photo courtesy of A & R Kuptana

Social Science Research is the most underfunded research in the Arctic
Yet the Inuvialuit still struggle with social, cultural and economic issues
(food security, poverty, housing, employment).

# Research

# Mindful…

The application of research results in science versus their application in practice.

**More often than not researchers and *research-users* have fundamentally different world views**

This can often reduce the benefit of research in a number of area's:

- research relevant to communities
- research with an aim to create positive change
- knowledge transfer

**In order to address these issues Inuvialuit Institutions are currently developing a Research Agenda and Policy to:**

**Coordinate and direct research in the ISR;**

**Encourage and prioritize research;**

**Provide research results to Inuvialuit communities and institutions so they can make informed planning, policy and program decisions.**

Photo courtesy of
A & R Kuptana

# Some of the critical areas of interest are:

**Environmental , social, cultural and economic impacts from resource development**

(to clearly identify impacts, to be able to fully target and develop mitigative measures and to compare with other predicted impact studies)

**Sustainable community based economies**

(what are the existing economic and financial conditions of communities (what is the benchmark of economic sustainability) and how community entrepreneurs and community businesses and economic organizations can retain and sustain income and wealth)

**Impacts of government policies on sustainable development and culture**

**(**examine government policies, gaps in resources (education, income support and social housing) in order to identify how they may or may not support independence , cultural strength, capacity to address impacts, etc.

**Specific social and health determinates to achieve sustainable communities**

(for example pre - post natal care; develop interventions in early childhood to improve learning , increase education levels; as well as develop and practice methods to decrease harmful addictions and other mental health issues).

# List of current approved projects

| | |
|---|---|
| **Laval University (SSHRC)** | ***economic potential in small communities*** |
| **Northern Research Network (SSHRC)** | ***impacts of resource development*** |
| **Northern Research Network (SSHRC)** | ***impacts and gap analysis of government policy*** |
| **BREA – (DIAND)** | ***social cultural economic indicators, baseline data*** |
| **Circumpolar Health Research Institute (CIHR)-** | ***MOU research agreement*** |

Photo courtesy of A & R Kuptana

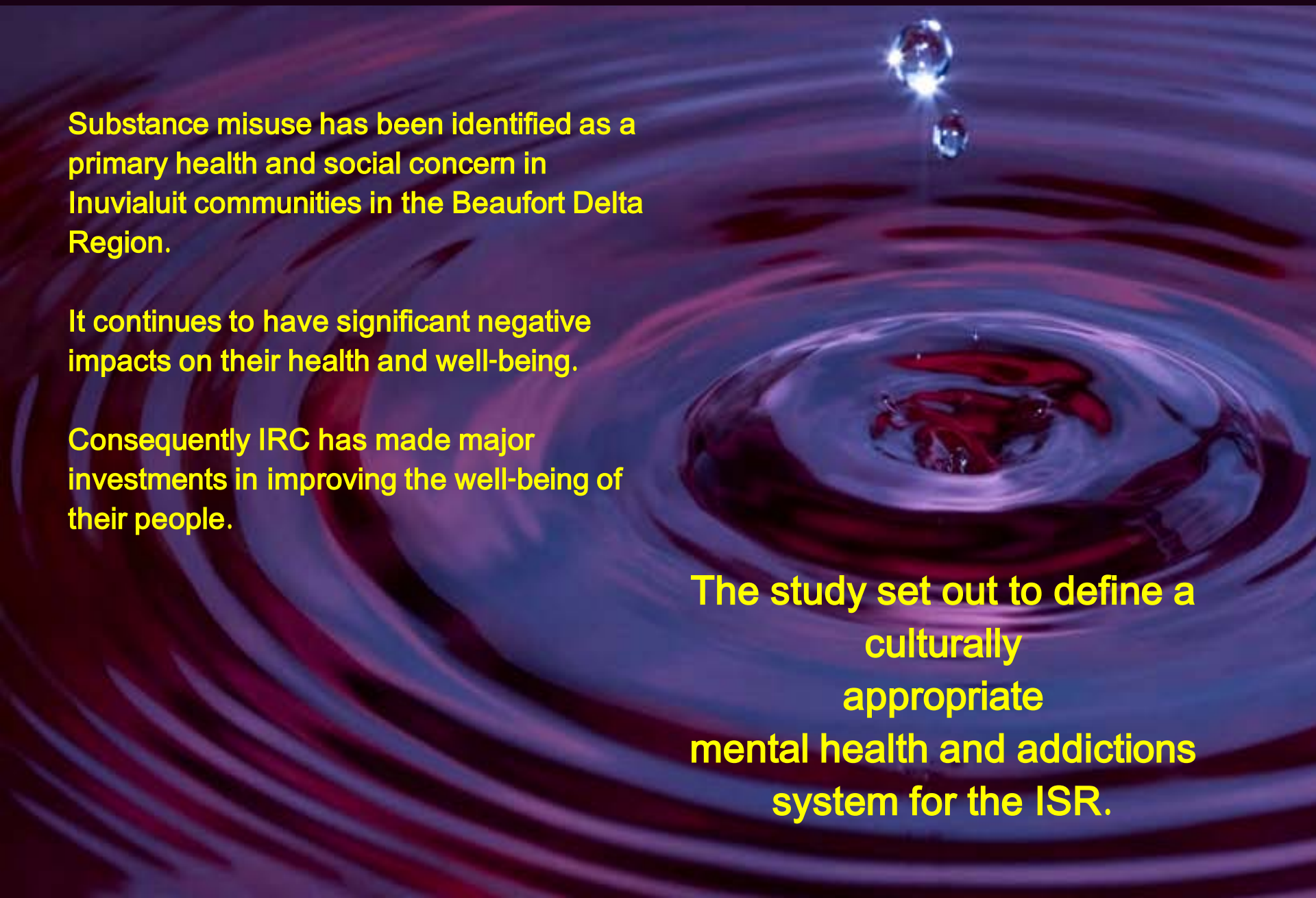
# Inuvialuit Research Projects

ISR Mental Health and Addictions Study

Tuktoyaktuk Addictions and Mental Health Pilot Project

Inuvialuit Indicators Project (IIP)

# ISR Mental Health and Addictions Study



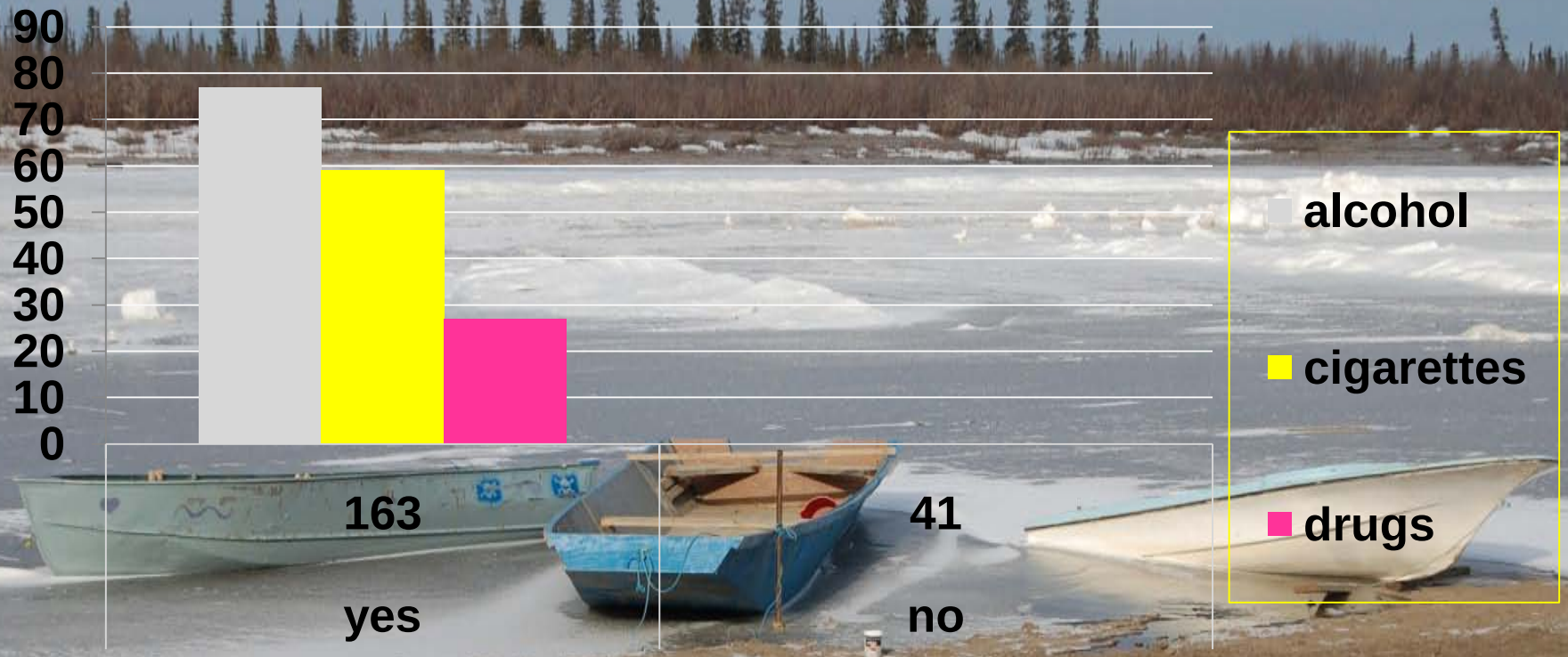
Substance misuse has been identified as a primary health and social concern in Inuvialuit communities in the Beaufort Delta Region.

It continues to have significant negative impacts on their health and well-being.

Consequently IRC has made major investments in improving the well-being of their people.

The study set out to define a culturally appropriate mental health and addictions system for the ISR.

## Have you or do struggle with an addiction?



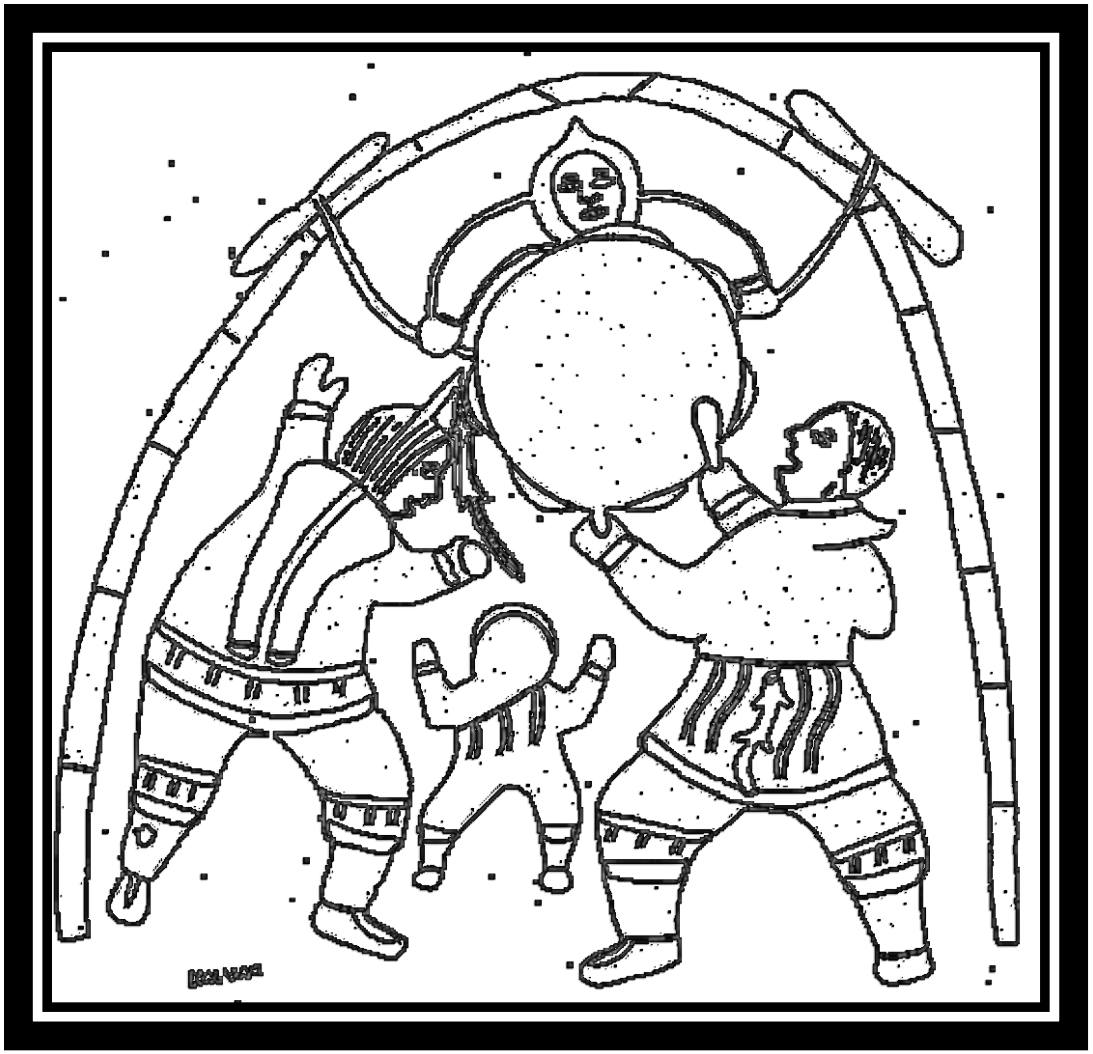

**Interviewed over 200 people in one to one surveys and had group discussions with over 200 people.**

# What does your community need to combat mental health and addiction issues and support wellness?

# Implementation

# Tuktoyaktuk Addictions and Mental Health Pilot Project

**The Tuktoyaktuk Pilot Project will inform the design of community based aftercare mental health and addiction programs and services.**



# Planning

The ISR-MHA Report and the Pilot Project
will further define the
gaps in services and will
develop practical methods to address those
gaps.

# Monitoring

# Inuvialuit Indicators Project (IIP)

Developed over the last four years and based on data spanning 20 years .

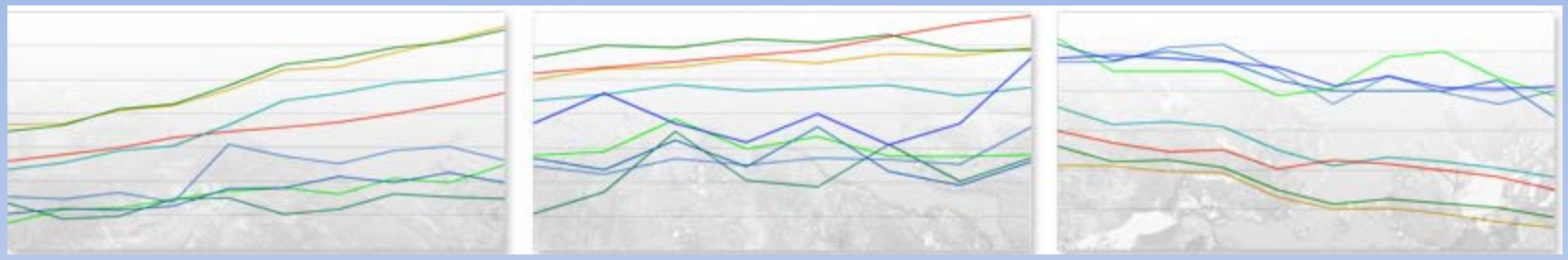
The Inuvialuit Indicators Project set out to:

1. Measure the achievement of IFA goals;
2. To determine social, cultural and economic impacts from resource development;
3. To monitor Inuvialuit and government efforts to improve conditions.

Photo courtesy A & R Kuptana

www.inuvialuitindicators.com

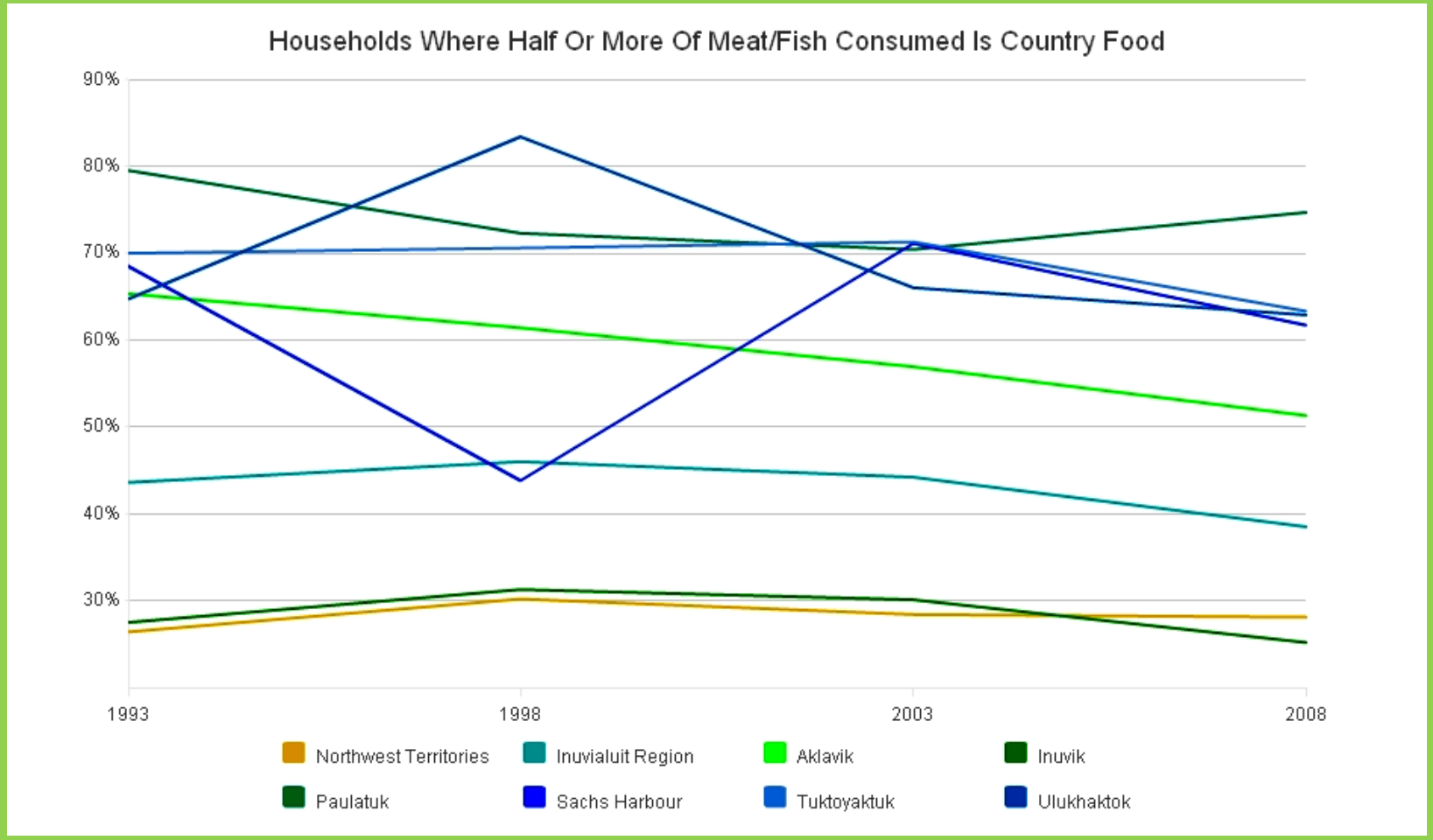
Population Education Culture Labour Force Wellbeing Income Government Housing All



- To get started, you can:
- Watch a guide of how to use the site.
- Choose one of the categories at the top of the page.
- Or search the database:

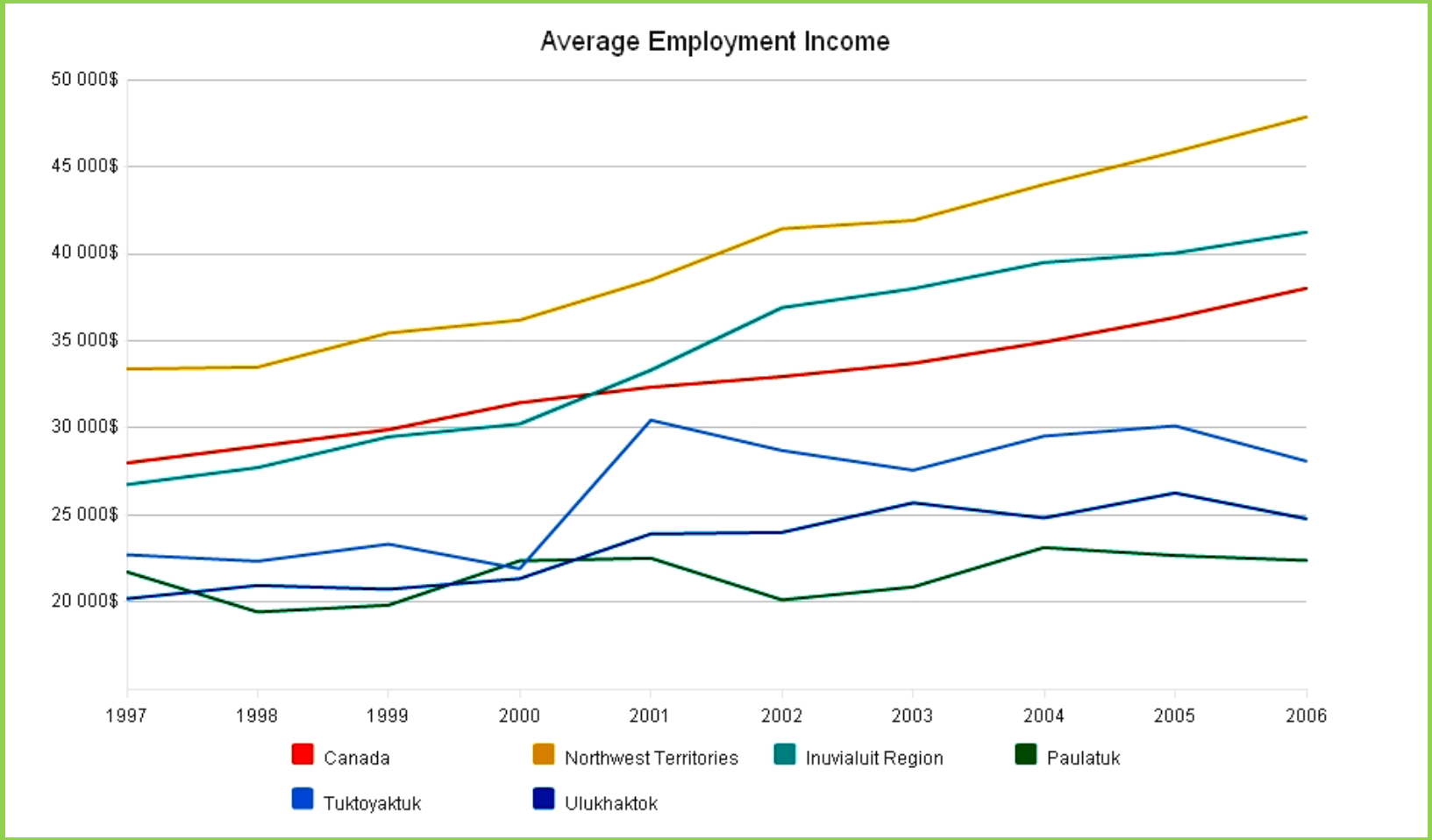
# Cultural Indicator

## Households Where Half or More of Meat/ Fish Consumed is Country Food



# Employment Indicator

## Average Employment Income



# Some key messages:

-Inuvialuit Institutions are open for business with regards to research collaborations and partnerships.

-We encourage researchers to work with Inuvialuit communities in the development of their research ideas and projects , and to seek involvement from the initial stages through to information and results sharing.

-This will ensure that Inuvialuit and researchers goals can both be achieved.

Mahsi'
Qujanaq
Mahsi' choo
Thank you
Qujanarssuaq
Merci beaucoup